

Autumn/Winter Menu 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Beef Meatballs Ragu Sauce and Spaghetti served with Garlic Bread	Chicken Biryani served with Vegetable Sauce	Spanish Style Fish Stew served with Crusty Roll	Chicken Casserole served with Yorkshire Pudding	Cauliflower and Bacon Pasta Bake
	Vegetarian	Vegetarian Meatballs Ragu Sauce and Spaghetti served with Garlic Bread	Quorn Biryani served with Vegetable Sauce	Spanish Style Vegetable Stew served with Crusty Roll	Vegetable Casserole served with Yorkshire Pudding	Cauliflower and Quorn Pasta Bake
	Jacket Potato	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese
	Dessert	Yoghurt Pot	Chocolate Biscuit	Fresh Fruit	Banana Loaf	Scones
	Alternative dessert	Peach Slices	Yoghurt Pot	Yoghurt Pot	Peach Slices	Yoghurt Pot
Week 2	Main	Macaroni and Cheese served with Sweetcorn	Pork Sausage and Leek Pie	Beef Lasagne served with Garlic Bread	Chicken Saag served with Rice	Fish Pie with Peas and Sweetcorn
	Vegetarian	Macaroni and Cheese served with Sweetcorn	Vegetarian Sausage and Leek Pie	Meat Free Mince Lasagne served with Garlic Bread	Quorn Saag served with Rice	Vegetable Pie
	Jacket Potato	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese
	Dessert	Peach Slices	Yoghurt Pot	Chocolate Brownie	Rock Cakes	Yoghurt Pot
	Alternative dessert	Yoghurt Pot	Fruit Salad	Yoghurt Pot	Yoghurt Pot	Peach Slices

Week 3	Main	Singapore style Chicken Noodles	Bacon and Spaghetti Hoop Pie	Homemade Ratatouille served with Rice and Pitta Bread	Cottage Pie served with Yorkshire Pudding	Chicken Goujons, Potato Wedges and Baked Beans
	Vegetarian	Singapore style Quorn Noodles	Vegetarian Sausage and Spaghetti Hoop Pie	Homemade Ratatouille served with Rice and Pitta Bread	Meat Free Mince Cottage Pie served with Yorkshire Pudding	Vegetable Fingers, Potato Wedges and Baked Beans
	Jacket Potato	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese
	Dessert	Yoghurt Pot	Chocolate Cake	Rice Pudding	Peach Slices	Fruit Salad
	Alternative dessert	Peach Slices	Peach Slices	Fruit Salad	Yoghurt Pot	Yoghurt Pot

Week 4	Main	Mediterranean Vegetable Pasta Served with Garlic Bread	Beef Chilli Con Carne served with Rice and Pitta Bread	Creamy Chicken Stew served with Crusty Roll	Pork Sausage Cowboy Pie	Jamaican style Chicken served with Rice
	Vegetarian	Mediterranean Vegetable Pasta Served with Garlic Bread	Meat Free Mince Chilli Con Carne served with Rice and Pitta Bread	Creamy Quorn Stew served with Crusty Roll	Vegetarian Sausage Cowboy Pie	Jamaican style Quorn served with Rice
	Jacket Potato	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese	Fillings - Beans, Cheese
	Dessert	Fruit Salad	Fresh Fruit	Cookie Biscuit	Sponge Cake	Yoghurt Pot
	Alternative dessert	Yoghurt Pot	Yoghurt Pot	Peach Slices	Fruit Salad	Peach Slices